Multistage Design Options for Pharmacogenetic Studies

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Scientific Questions in Pharmacogenetics

- Why do some people respond favorably to a particular treatment and others not?
- Who do some experience a particular side effect and others not?
- Why is one treatment better for some, another treatment better for others?
- Can genetics help explain these effects?

Multistage Sampling

- Designs that exploit information already collected or readily obtainable on a large sample to improve the cost-efficiency of subsample(s) for other variables
- Analyses that combine information from both the main study and subsamples
- Applications in
 - Epidemiology: White Am J Epidemiol 1982:115:119-28 Breslow & Chatterjee, Appl Statist 1999;48:457-68
 - Genetics: Whittemore & Halpern, Stat Med 1997; 16:153-67

Design for Studying Rare Exposures and Rare Diseases

- Stage I: case-control sample by Y, observe surrogate Z for exposure
- Stage II: subsample 2x2 cells defined by Y and Z and measure exposure X (and other covariates)
- Analysis of stage II data must adjust for differential sampling fractions
- Better: analyze stage I and II data jointly

White Am J Epidemiol 1982:115:119-28;

Focus on Design Issues in Phamacogenetics

- Primary focus on interactions rather than main effects
- Prior knowledge about pathways targeted by agent under study
- Exposure (treatment) can be randomized
 - Independently of genotype
 - And vice-versa: genes segregate independently of treatment
- Unrelated individuals, not families
- Possibility of case-only designs, particularly where treatment is randomized

Reasons to Consider Multistage Designs

- Cost-efficiency
- Opportunity to use informative sampling
- Joint analysis of data from different samples
- Optimization of design

Chicken or Egg?

 Start with clinical trial: add genetic association study to look for modifiers of treatment response

OR

 Start with a case-control or cohort study of genes: use genes to target clinical studies of treatment outcomes

Optimization of Designs

 Compute expected Fisher information for the joint analysis of main and substudy as a function of parameters and sampling probabilities
 Relative cost efficiency

16

0.8

0.6

 0.4°

0.2

= 4

R = 0.25

- Find sampling scheme that maximizes E(information), subject to constraint on total cost
- Example: E(info)/Cost Proportion in substudy as function of overall sampling fraction

Examples

- Candidate gene association study using tag SNPs
- Pathway-based study involving biomarkers
- Genome-wide association study

Candidate Gene Studies

- A priori hypotheses about candidate gene(s)
- If functional variants known in a clinical trial: no need for multistage sampling ... But not if starting point is a cohort study.
- Negative result could mean gene is not relevant or wrong variant(s) were tested
- Complete characterization would require sequencing of entire gene in full sample
- Focus on common variants ⇒ tagSNP approach

Preservation of Pancreatic β-C Prevention of Type 2 Diabetes k Treatment of Insulin Resistance Women

Thomas A. Buchanan,^{1,2,3} Anny H. Xiang,^{3,4} Ruth K. Pete Jose Goico,¹ Cesar Ochoa,¹ Sylvia Tan,⁴ Kathleen Berko and Stanley P. Azen^{3,4}

Diabetes 51:2796-2803 Cumulative incidence of diabetes (%) 60 40 Placebo 20 **Original** Article 12



FIG. 1. Single marker association with response to troglitazone. The negative log of the P value for the χ^2 test of association is plotted according to physical distance. Horizontal dashed line denotes P value of 0.05. Two SNPs in close proximity gave identical P values, so only seven of the eight significant results are visible. The gene structure for *PPARG* is shown at the *top* with the A1 promoter on the *left*.

Johanna K. Wolford,¹ Kimberly A. Yeatts,¹ Sharanjeet K. Dhanjal,² Mary Helen Black,² FIG. 1. Cumulative incide: Anny H. Xiang,² Thomas A. Buchanan,³ and Richard M. Watanabe² returned for at least one fo

or troglitazone. The rate in the troglitazone group was significantly lower than the rate in the placebo group (P = 0.009).

Diabetes 54:3319-3325, 2005

Multistage Sampling for TagSNP Studies

- Small sample to characterize LD patterns and choose tag SNPs S
- Only tag SNPs and treatment 7 are tested in main study
- Joint analysis allows tests of untyped SNPs G

 $p_G(Y|S,T) = \Sigma_g p_\beta(Y|G=g,T) p_\alpha(G=g/S)$

 Haplotype analysis similar, but requires additional summation over possible haplotype resolutions given unphased genotypes Thomas et al., Genet Epidemiol 2004;27:401-14

Extensions

- Multistage samples incorporating sequencing
- Gene-treatment interactions: optimize design by sampling on outcome, treatment, and surrogate for causal variant

Nested Genetic Study Within a Clinical Trial

- Stage I: observe Y / T
- Stage II: sample conditional on Y,T; observe G Y, T
- Likelihood is: $\prod_{M} p(Y|T)^{N_{YT}} \times \prod_{S} p(G|Y,T)^{n_{GYT}}$
- Total information is: $\sum_{M} N_{YT} i_{YT} + \sum_{S} n_{GYT}(S) i_{GYT}$
- Choose s to maximize information per unit cost
- Optimal design might sample only Y=1, T=1

Info_{GxT}/Cost by Sampling Fractions









Is Equal Allocation Optimal?

Sampling plan	Sampling fractions	ARCE
		(<i>R</i> =2)
No subsampling	(1,1,1,1)	.0033
Constant sample	(.086, .086, .086, .086)	.0044
Equal allocation	(.046, .789, .076, 1)	.0064
Case-control	(.051, .051, 1, 1)	.0063
	(1, 0, 0, 0)	.0024
Sample only one cell	(0, 1, 0, 0)	.0036
	(0, 0, 1, 0)	.0044
	(0, 0, 0, 1)	.0071

Clinical Trial Within an Observational Study

- Stage I: observe G, Y₁ (disease)
- Stage II: sample Y₁=1 subjects within strata of G assign T | G at random
 observe treatment outcomes Y₂ | T, G
- Optimize sampling fractions given G

Case-Only Designs

- From clinical trial, sample only responders or only nonresponder (whichever is rarer)
- From cohort study of **7**, sample only cases
- In either design, examine **G-7** association
- Assuming G and T are independent in population, G-T association in cases estimates GxE interaction

Counter-Matched Design

- In a cohort with T and Y:
- Match each T=1 case with a T=0 control and vice-versa from within Cox risk set
- Measure G on cases and CM'd controls
- Analysis is by conditional logistic regression with offset term for control sampling fractions

Langholz & Goldstein, Statist Sci 1996;11:35-53

Example: WECARE

- Nested case-control study of second breast cancer in relation to radiotherapy and DNA repair genes (*ATM* etc.)
- 700 cases of bilateral breast cancer
- 1400 controls, counter-matched on radiotherapy (2 treated + 1 untreated per triplet)
- Contralateral radiation doses estimated by phantom dosimetry
- Genotyping of ATM and other genes

Bernstein et al. Breast Ca Res 2004;6:R199-214

Doses to the Contralateral Breast During RT

Subgroup	RR (95% CI) ≥1.0 Gy vs. no RT
All subjects	1.3 (1.0 – 1.6)
Under age <45 at exposure 5+ y latency	2.0 (1.1 – 3.8)
Under age <40 at exposure 5+ y latency	2.8 (1.1 – 8.8)



Treated Breast: Tumor Dose

40-250 5-110 40-220 5-100 10-170

Contralateral Breast: Range of Average Dose per Quadrant Among Patients

Absorbed radiation dose (cGy) to the contralateral breast during RT is estimated using patient-equivalent phantoms and medical/treatment record information. Range limits correspond to techniques used among WECARE participants that resulted in the lowest and highest doses to each quadrant and nipple.

Role of ATM in Cellular DNA Damage Response



Distribution of Unique Non-Silent ATM Variants: WECARE Study Progress



Bernstein et al, Hum Mut 2003;21:542-50

Main Effects of ATM

Common variants	RR (95% CI)
All 12 w freq > 1%	0.8 (0.6 – 0.97)
I <u>VS 14-55T>G</u>	0.6 (0.4 – 0.96)

Table 2: Risk of developing second primary breast cancer using general categories of ATM variants (compared to wild-type).

	Unadjusted for				Cor	trolling for		
	Ca	Co	com	mon variants	Ca	Co	comr	non variants
Variant Category	(N)	(N)	RR*	95% CI	(N)	(N)	RR*	95% CI
Wild-type	271	480	1.0		271	480	1.0	
Silent	256	572	0.9	0.8-1.0	99	190	0.9	0.7-1.3
Missense	296	596	0.9	0.8-1.1	80	140	1.2	0.8-1.7
Splicing	4	16	0.5	0.2-1.7	4	16	0.6	0.2-1.7
Truncation	11	7	2.3	0.8-6.5	11	7	2.1	0.7-6.0
Less likely functional	49	109	0.8	0.5-1.2	43	87	1.1	0.7-1.7
ATM mutation carrier								
Likely functional	247	487	0.9	0.7-1.1	37	53	1.5	0.9-2.6
ATM mutation carrier								
* adjusted for confounder	18.							

ATM x Radiation Interaction

Table 3: ATM gene carrier status and radiation on risk of developing second primary breast cancer.

	Cases		Cont	trols		
Variable	RT+	RT-	RT+	RT-	RR	95% CI
Overall*						
Less likely functional ATM mutation carrier	21	22	65	22	1.3	0.6-3.3
Likely functional ATM mutation carrier	24	13	42	11	3.8	1.3-11.0
Age (years)**						
<45 and less likely functional**	9	9	30	4	0.6	0.1-2.6
<45 and likely functional	10	5	15	9	7.6	1.8 - 32.5
45+ and less likely functional	12	13	35	18	2.2	0.7-6.4
45+ and likely functional	14	8	27	2	1.1	0.2-6.2
Latency (years)**						
<5 and less likley functional	16	13	39	13	1.7	0.6-4.9
<5 and likely functional	13	8	23	6	2.4	0.7-8.9
5+ and less likely functional	5	9	26	9	0.9	0.2-4.0
5+ and likely functional	11	5	19	5	6.0	1.2 - 29.4
Age and Latency**						
Age <45, latency <5 and likely functional	5	2	8	6	7.8	1.1-55.2
Age <45, latency 5+ and likely functional	5	3	7	3	9.1	0.8-98.5
*RR adjusted for confounders.						

**Due to small sample numbers, RRs were adjusted for mutation types, but not confounders.

Examples

- Candidate gene association study using tag SNPs
- Pathway-based study involving biomarkers
- Genome-wide association study

Pathways and Biomarkers

- Studies of many related genes, e.g.,
 - Drug metabolism
 - Repair of DNA damage from therapeutic radiation
- Joint analysis of all relevant genes using hierarchical or pharmacokinetic models
- Wish to incorporate markers of intermediate endpoints, e.g., urine/blood concentrations of metabolites, but expensive or awkward

Effects of a 5-Lipoxygenase–Activating Protein Inhibitor on Biomarkers Associated With Risk of Myocardial Infarction JAMA. 2005:293:2245-2256

A Randomized Trial

Hakon Hakonarson, MD, PhD

Sverrir Thorvaldsson, MSc

Context Myocardial infarction (MI) is the leading cause of death in the world. Variants in the 5-lipoxygenase-activating protein (FLAP) gene are associated with risk of MI.

DG-031 is FLAP inhibitor

- Aim is to assess treatment effect on biomarkers of MI risk (CRP, leukotrienes, MPO)
- **Restricted to carriers of** risk variants for ALOX5AP (87%) or LTA4H (13%)



Effects of a 5-Lipoxygenase–Activating Protein Inhibitor on Biomarkers Associated With Risk of Myocardial Infarction A Randomized Trial

JAMA. 2005;293:2245-2256

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Sverrir Thorvaldsson, MSc	in the 5-lipoxygenase-activating protein (FLAP) gene are associated with risk of MI.

Biomarker	Dose / Time	Change (95% CI)	Ρ
Leukotriene B ₄	750 mg/d	26% (10 – 39%)	.003
MPO	750 mg/d	12% (2 – 21%)	.02
CRP	500 – 750 2 wk	16% (-2 – 31%)	.07
	4wk post washout	25% (5 – 40%)	.02

Gene-Expression Patterns in Drug-Resistant Acute Lymphoblastic Leukemia Cells and Response to Treatment

Amy Holleman, B.Sc., Meyling H. Cheok, Ph.D., Monique L. den Boer, Ph.D., Wenjian Yang, Ph.D.,
 Anjo J.P. Veerman, M.D., Ph.D., Karin M. Kazemier, Deqing Pei, M.Sc., Cheng Cheng, Ph.D.,
 Ching-Hon Pui, M.D., Mary V. Relling, Pharm.D., Gritta E. Janka-Schaub, M.D., Ph.D.,
 Rob Pieters, M.D., Ph.D., and William E. Evans, Pharm.D.⁷
 N Engl J Med 2004;351:533-42.



Figure 3. Kaplan–Meier Estimates of Disease-free Survival among 173 Patients in the Original Study Group (Panel A) and 98 Patients in the Validation Cohort (Panel B), According to Whether the Pattern of Gene Expression Indicated Cellular Resistance or Sensitivity to the Four Antileukemic Agents.



Discriminated between Drug-Sensitive and Drug-Resistant B-Lineage ALL.

Pathway Analysis with Biomarkers

- Notation:
 - G = genes
 Y = outcomes
 T = treatment
 M = intermediate metabolite (unobserved)
 B = flawed biomarker for M
- Design
 - Main study (M): (G,R,Y)
 - Substudy (S): (G,R,B)
- Model
 - Outcomes: $P_{\beta}(Y/M)$
 - Measurement: P_o(B/M)
 - Metabolic: $P_{\alpha}(M/R,G)$



Pathway Analysis

- Combined analysis of main study and substudy data
- Maximum likelihood, integrating over latent variable *M*

$$L(\beta, \alpha, \sigma) = \prod_{i \in S} \int P_{\sigma}(B_i \mid M = m) P_{\alpha}(M = m \mid T_i, G_i) dm$$

 $\times \prod_{i \in M} \int P_{\beta}(Y_i \mid M = m) P_{\alpha}(M = m \mid T_i, G_i) dm$

• or MCMC, sampling M

Conti et al., Hum Hered 2003;56:83-93

Stratified Sampling for Biomarkers

- Optimize design by sampling subjects for biomarker measurements by main study data on *T*,*G*,*Y*
- Starting with a clinical trial:
 - Observe Y/T
 - Sample given Y,T; observe G
 - Subsample given Y,T,G; measure M
- Starting with an observational study:
 - Observe Y,G (and E?)
 - Sample given Y,G,E; apply T; measure M

Complex Pathways Example: Folate

Ulrich et al., Nat Rev Cancer 2003;3:912-20 Ulrich et al., Parmacogenet 2002;3:299-314

Folate: the Minimalist Version



Topology

- How well do we really understand the structure of a network?
- Incorporate uncertainty in topology into models
 - Bayesian network analysis, e.g., for expression (Friedman et al, J Comp Biol 2000;7:601-20)
 - Basso et al, Nat Genet 2005;38:382-90
- Contribution of systems biology ... at the opposite end of detail from molecular epidemiology

Stochastic Boolean Networks





GRN for sea urchin endomesoderm specification: the view from the cenome. The architecture of the network is based on perturbation and Gene regulatory network controlling embryonic specification in the sea urchin

Paola Oliveri and Eric H Davidson

Current Opinion in Genetics & Development 2004, 14:351–360

Interactome: gateway into systems biology

Michael E. Cusick^{1,*}, Niels Klitgord¹, Marc Vidal^{1,2} and David E. Hill^{1,2}

¹Center for Cancer Systems Biology and Department of Cancer Biology, Dana-Farber Cancer Institute, 44 Binney Street, Boston, MA 02115, USA and ²Department of Genetics, Harvard Medical School, Boston, MA 02115, USA



Causality in Molecular Epidemiology

 We postulate a causal pathway from exposures *E* and genes *G* through a sequence of intermediate steps X to a disease.



We wish to test the causality of a particular intermediate, as measured by **Z**, on **Y**

By which we mean that holding all other determinants of Y fixed, a change in X would lead to a change in Y

Note: the focus of inference here will be on the causality of X (not G or E) on Y, except as X is modifiable by E

Difficulties in Causal Inference



- Confounding
- Reverse Causation
- Pleiotropy

"Mendelian Randomization" to the Rescue!

- Instead of testing X ⇒ Y directly (or more realistically Z ⇒ Y), test G ⇒ Z and G ⇒ Y relationships separately
- If both are present, infer a causal connection $X \Rightarrow Y$, because G is not subject to either confounding or reverse causation
- However G could have pleiotropic effects on Y mediated thru W, not X

"Real" Mendelian Randomization

- Genes are not really assigned randomly across the population, only conditionally on parental mating types
- Family-based association studies (e.g., transmission-disequilibrium test (TDT)) exploit this feature:

 $Pr(G|Y,G_{par}) = p_{\beta}(Y|G) p(G|G_{par}) / p_{\beta}(Y|G_{par})$

Extension to MR:

 $Pr(G,X|Y,G_{par}) = p_{\beta}(Y|X) p_{\alpha}(X|G) p(G|G_{par}) / p_{\alpha,\beta}(Y|G_{par})$

Mendelian Randomization in the Clinical Trials Setting

- Opportunity to randomize both the treatment *T* and the modifiers *G*
- Classical MR assumes G are randomly assigned across the population, would treat both T and G as instrumental variables
 - Models *B*/*T*,*G* and *Y*/*T*,*G*
 - Infer causal connection thru *M* if both exist
- Real MR obtains G for parents and trial subjects $L_i(\beta) = \Pr(G_i \mid Y_i, T_i, G_{P_i}) = \frac{P_{\beta}(Y_i \mid G_i, T_i) P(G_i \mid G_{P_i})}{\sum_g P_{\beta}(Y_i \mid G_i = g, T_i) P(G_i = g \mid G_{P_i})}$

Double MR to Test a Randomized Environmental Hypothesis (D.A. Lawlor, DAE/GDMS 2005)



Examples

- Candidate gene association study using tag SNPs
- Pathway-based study involving biomarkers
- Genome-wide association study

Genome-wide Association Studies

- Scan of the entire genome to search for genes associated with a trait (or interactions)
- Most scans use multistage design, using commercial chip (~500K SNPs) on first sample to identify promising associations, confirming them on additional samples
- Optimize design with respect to critical value at stage I and allocation of sample size

Wang et al, Genet Epidemiol 2006;30:356-68

GWA for Treatment Modifiers

- Select stage I and II samples conditional on treatment and outcome
- Prioritize SNPs for stage II based on test of gene-treatment interactions
 - Based on case-only or case-control comparisons
 - Also based on main effects
 - Incorporate genomic annotation in ranking

Genome-wide discovery of loci influencing chemotherapy cytotoxicity

James W. Watters[†], Aldi Kraja[‡], Melissa A. Meucci[†], Michael A. Province[‡], and Howard L. McLeod^{†§1|††}

PNAS | August 10, 2004 | vol. 101 | no. 32 | 11809-11814

Table 2. Regions showing preliminary evidence for linkage using the RCR-derived rate of dose response as the phenotype

Drug	Maximum LOD*	Chromosome*
5-Fluorouracil	1.55	9 (99.4 cM)
	1.95	16 (73.98 cM)
Docetaxe	1.24	5 (109.63 cM)
	1.66	6 (100.91 cM)
	1.5	9 (100.74 cM)



Regions showing supportive evidence for linkage using ual doses of drug as separate phenotypes

	Maximum LOD*	Chromosome+	Approximate 1 LOD interval
ouracil xel	3.44 2.21 2.73	9 (94.85 cM) 5 (97.21 cM) 9 (94.85 cM)	D95175–D951162 D55502–D551965 D95175–D951162

ore >2.0 required for supportive evidence of linkage.

: map location of maximum LOD score within QTL peak.

Reality Check: Sample Size Needs

- Candidate genes, pathways, genome-wide
- Therapeutic or prevention trials
- Main effects or treatment modifiers
- Power calculations by Quanto
 - Gauderman, Am J Epidemiol 2002;155:478-84 (GxG)
 - Gauderman, Stat Med 2002; 21:35-50 (GxE)

http://hydra.usc.edu/gxe

Candidate Treatment Modifier Gene

• Sample sizes needed to detect interaction effect at α = .05, 1- β = .90, single stage design

 $-p(T) = 0.5, MAF = 0.2 \text{ (dom)}, RR_{T/G=0} = 0.9, RR_{G/T=0} = 0.9$

RR _{GxT}	Cases (cohort size) needed			
	Therapeutic <i>p</i> (Y) = 0.5	Prevention <i>p</i> (<i>Y</i>) = 0.01		
0.3	271 (542)	142 (14K)		
0.5	789 (1,578)	408 (40K)		
0.7	2,900 (6,000)	1,513 (150K)		
0.9	33K (67K)	17K (1.7M)		

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0.7	2,900 (6,000)	1,513 (150K)		
0.9	33K (67K)	17K (1.7M)		

Candidate Treatment Modifier Gene: Two-Stage Design

- Consider prevention trial scenario with p(Y) = .01 and $RR_{GxE} = 0.5$
- Nested case-control study with 1:1 matching within treatment arms

	Cohort	Cases	Controls
1-stage	14K	140	13,860
2-stage	27K	270	270

 Somewhat greater advantage if stages I and II were analyzed jointly

Randomized Trial within an Epidemiologic Cohort

- Cohort study: observe Y, measure G
- Challenge experiment: sample based on Y and G, assign T (randomized or crossover), measure acute response R
- Example: Children's Health Study

Challenge Studies: GSTM1 x GSTP1 in Allergic Response to DEP



Nasal allergen-specific IgE response to allergens plus clean air and allergen plus diesel exhaust particles for GSTM1 absent (upper) and present (lower) genotypes

GSTM1	GSTP1	N	∆IGE
+	I/I	2	26 (6.7– 45)
+	I/V	3	49 (-1.5 – 61)
_	I/I	11	137 (29 – 511)
_	I/V	3	9.1 (1.0 – 46)

Gilliland et al, Lancet 2004;363:119-25

Biomarker for Pathway

- Stage I: Prevention trial, assign 7, observe Y
- Stage II: Nested case-control study, sample based on Y, T, observe G₁ and G₂
- Stage III: Biomarker substudy, sample based on Y, T, G, observe M

	Cases	Controls	Effect	Min det r ²
Stage I	270	27K	Ү/М	1.7/SD
Stage II	135,135	135,135	<i>M</i> / <i>T</i> , <i>G</i>	6.5%
Stage III	10 x 8 = 80	10 x 8 = 80		

Genome-wide Association Scan for Treatment Modifying Genes

- Same model parameters as for candidate gene study
- Two-stage genotyping strategy with genomewide significance level .05 (1x10⁻⁷ per SNP) and 90% power

	Cases /		
	$RR_{GxT} = 0.3$	$RR_{GxT} = 0.5$	Markers
Stage I	600	1700	500K
Stage II	600	1700	5K

Perspectives

- Well established statistical theory
- Increasingly used in epidemiology and genetics, but underdeveloped in pharmacogenetics
- Particularly useful for incorporating pharmacokinetic / pharmacodynamic models
- Sample size requirements for detecting interactions are large

Nature Genetics **38**, 68 - 74 (2006) Published online: 10 November 2005; doi:10.1038/ng1692 A variant of the gene encoding leukotriene A4 hydrolase confers ethnicityspecific risk of myocardial infarction Anna Helgadottir¹, Andrei Manolescu¹,

Agnar Helgason¹, Gudmar Thorleifss<u>on¹</u>,

Maternal-Fetal Interactions

- Standard TDT analysis is Pr(G_o | G_m, G_f, Y_o=1)
- Suppose:

 $\Pr(Y_o=1|G_o, G_m, G_f) \propto \exp(\beta_1 G_o + \beta_2 G_m + \beta_3 G_m G_o)$

- Parameters β_1 and β_3 are estimable; β_2 is not
- Instead use $Pr(G_o, G_m, G_f | MT, Y_o = 1)$
- Now all three parameters are estimable, assuming Pr(G_m, G_f) = Pr(G_f, G_m). No controls needed



Contexts

- Candidate gene known to be functionally relevant to agent
- Biomarkers to inform about pathway
- Genome-wide search for modifier genes

Design alternatives

- Clinical trial within observational study
 - Cohort study: sample based on E, store DNA, observe Y
 - subsample based on Y,E, measure G

OR

- Case-control study: sample based on Y, observe E, G
- Subsample based on Y,E, G, assign T, observe M

- Genetic study within a clinical trial
 - Assign T, observe Y, M
 - Subsample based on Y,M,T
 - Observe G
- Observational study with countermatching (WECARE)
 - Observe T, Y
 - Nested case-control sample based on Y, countermatching on T
 - Observe G

ATM Gene Screening

- ATM Gene Analyses
 - Conducted in 4 labs
 - Staged approach: DHPLC followed by Direct Sequencing
 - All conditions, primers standardized across labs
 - Inter- and Intra-lab QC implemented

(Bernstein, ..., Concannon, *Hum Mut* 2003)

- RCT for diabetes prevention in 3234 overweight people with elevated fasting glucose
- Randomized to lifestyle intervention, metformin, or placebo
- 58% reduction in diabetes risk on lifestyle intervention and 31% reduction on metformin over 3 years
- Genotyped for two common polymorphisms in *TCF7L2* associated with NIDDM

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TCF7L2 Polymorphisms and Progression to Diabetes in the Diabetes Prevention Program

Jose C. Florez, M.D., Ph.D., Kathleen A. Jablonski, Ph.D., Nick Bayley, B.A., Toni I. Pollin, Ph.D., Paul I.W. de Bakker, Ph.D., Alan R. Shuldiner, M.D., William C. Knowler, M.D., Dr.P.H., David M. Nathan, M.D., and David Altshuler, M.D., Ph.D., for the Diabetes Prevention Program Research Group



The P values were determined by the log-rank test.

Genetic Association Studies in the Context of Clinical Research

- Identify and characterize genes that modify response to phamacologic agents or other interventions
 - Preventive or therapeutic (phase I, II, III)
- Approaches:
 - Clinical trials with genetic add-ons
 - Nested challenge or treatment studies within population-based observational studies
 - Integrating separate observational and randomized studies